

# ISHIB Newsletter



Improving the health care and life expectancy of ethnic populations around the world

August 2011

## Annual Meeting Report

ISHIB convened its 26th Annual International Interdisciplinary Conference on Hypertension and Related Cardiovascular Risk Factors in Ethnic Populations (ISHIB2011) in Boston, Mass., during July 8 to 10, 2011. More than 300 members and guests, including local physicians and other allied health care professionals interested in developments on hypertension management and related CV disease, attended the meeting and the special Saturday event.

Programming events began on Thursday, July 7, with a Daiichi Sankyo-sponsored Board of Trustees and Corporate Partners dinner. At this event, outgoing ISHIB President Shawna Nesbitt, MD, MS, introduced Board members and announced incoming ISHIB President David Kountz, MD, MBA. Dr. Nesbitt also welcomed new Board members Jennifer Schoats Flack and Marcus Miller.

Also new to ISHIB this year was the President's Reception, held on Friday evening and sponsored by Takeda Pharmaceuticals North America. This event featured an official welcome by Dr. Nesbitt, and a short

*continued*



*Drs Kountz and Nesbitt, ISHIB incoming and outgoing presidents share a moment of conversation with Dr Selwyn Rogers and Illeana Jimenez-Garcia of Brigham and Women's Hospital.*

### Have You Reached One Yet?

#### Attention all ISHIB members!

Don't forget about our "BIG PUSH" membership drive to attract 1,000 new members in three years. Join the ISHIB board and executive director to ensure that we reach our goal!

Please take time to refer potential members to Terry Jackson, director, membership services, [Terry-Jackson@ishib.org](mailto:Terry-Jackson@ishib.org).

## Boston Annual Meeting Welcomes Harvard and Surrounding Schools

The location of ISHIB2011 in Boston, Mass. provided for a new mix of attendees that ISHIB has not reached before but certainly welcomed. Held in an area rich with universities and featuring a new program held in partnership with the Offices of Multicultural Affairs at Harvard Medical School and the Brigham and Women's Hospital ("A Nurturing Heart Affair, held Saturday, July 9, 2011, in the Joseph B. Martin Conference Center, Harvard Medical School), ISHIB2011 saw more students than

ever before. As ISHIB strives to grow our membership and reach new physicians and other allied health care professionals, we hope to expand our visibility and generate even more interest in the organization. ISHIB2012, set for Miami, FL, July 12-15, 2012 - SAVE the DATE, will extend the invitation to graduate and other students so that we can continue to spread the word among younger physicians and continue to build a strong membership.

## Annual Meeting (cont.)

speech by Paulos Berhaunu, MD, representing Takeda. Lifetime Member and ISHIB Co-founder Elijah Saunders, MD, was also recognized for his nomination for the Presidential Citizens Medal. The Board acknowledged Past President and IMPACT leader, Dr. Kenneth Jamerson and Dr. W. Dallas Hall for their years of service and important contributions to ISHIB during their terms that expired in July. Dr. Hall will continue to serve as associate editor of ISHIB's journal, *Ethnicity and Disease*.

Dr. Nesbitt presented ISHIB partners with awards recognizing their levels of support: ISHIB Platinum Level Support - Daiichi Sankyo and Forest Laboratories; ISHIB Diamond Level Sponsor - Novartis and Takeda Pharmaceuticals; ISHIB Corporate Partner Level - Merck.

The meeting's scientific sessions were filled with updates on hypertension treatment, diabetes and other topics in plenary sessions, corporate-sponsored symposia, workshops, and the Hypertension Academy.

At the meeting, ISHIB also unveiled its new logo. The visual rebranding was in response to our Corporate Partners' suggestions and an effort to address more than hypertension within ISHIB's scope of services and programs.

ISHIB2011 co-chairs David Williams, MD and Michelle Albert, MD introduce the Saturday evening event.



A Nurturing Heart Affair gave tribute to Harold Amos, PhD, the first Black department chair at Harvard Medical School.

Incoming ISHIB President David Kountz, MD recognizes Shawna Nesbitt, MD, ISHIB's outgoing president for her outstanding leadership of the board of trustees.

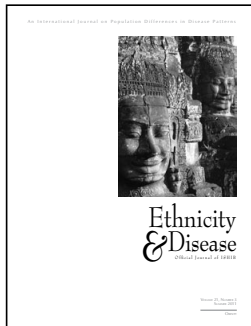


## Ethnicity & Disease, Official Journal of ISHIB

Watch for Volume 21, Number 3 of the journal to arrive in late August. The issue focuses on obesity, with five articles addressing topics including childhood obesity, dieting among African American women, body image assessments, and physical activity.

One article, *Racial and Rural-urban Disparities in Stroke Mortality Outside the Stroke Belt*,

authored by Alexander Sergeev, MD, PhD, MPH, will be featured on the Health Behavior News service when the journal is released.



## ISHIB Thanks Dr. Nesbitt

ISHIB2011 marked the end of Dr. Shawna Nesbitt's 2-year term as ISHIB President. During her tenure, Dr. Nesbitt advanced the IMPACT Campaign, now featuring an ISHIB-supported study. She was also instrumental in expanding the ISHIB reach into other disease states as the ISHIB Diabetes and Obesity Consortium (DOC) debuted and received funding. ISHIB leadership and members extend a special thank you to Dr. Nesbitt for her guidance and leadership during her successful term.

## Upcoming Events

### ISHIB

[www.ishib.org](http://www.ishib.org)

July 12-15, 2012

**ISHIB2012 - 27th Annual International Interdisciplinary Conference on Hypertension and Related Cardiovascular Risk Factors in Ethnic Populations - Miami**

**American College of Cardiology** - [www.cardiosource.org](http://www.cardiosource.org)

September 6-10 - The ACCF Cardiovascular Board Review - Chicago

September 8-10 - Arrhythmias in the Real World 2011 - Washington

September 10 - ACCF Interactive Study Session for Maintenance of Certification Cardiovascular Disease Updates 2010 and 2011 - Chicago

October 13-16 - 2011 Foundations for Practice Excellence: Core Curriculum for the Cardiovascular Clinician - Washington

October 13-15 - 2011 Heart Valve Summit: Medical, Surgical and Interventional Decision Making - Chicago

October 19-22 - 2011 Cardiometabolic Health Congress - Boston

**American Heart Association** - [www.americanheart.org](http://www.americanheart.org)

September 20-24 - High Blood Pressure Research, 2011 Scientific Sessions - Orlando

November 12-13 - Resuscitation Science Symposium 2011 - Orlando

**American Public Health Association** - [www.apha.org](http://www.apha.org)

October 29-November 2 - Annual Meeting: Healthy Communities Promote Healthy Minds and Bodies - Washington

**Association of Black Cardiologists** - [www.abcardio.org](http://www.abcardio.org)

October 29 - Saving Hearts for Generations 2nd Annual Awards Dinner - Washington

November 12 - 24th Annual Dr. Walter M. Booker, Sr. Symposium - Orlando

**British Hypertension Society** - [www.bhsoc.org](http://www.bhsoc.org)

September 12-14 - Annual Scientific Meeting of the British Hypertension Society - Cambridge, England

**Congressional Black Caucus Foundation**

[www.cbcfinc.org](http://www.cbcfinc.org)

September 21-24 - 41st Annual Legislative Conference - Washington

**European Society of Cardiology** - [www.escardio.org](http://www.escardio.org)

December 7-10 - EUROECHO 2011 - Budapest

**Georgetown University Hospital** - [www.dlsconference.com](http://www.dlsconference.com)

September 22-24 - Diabetic Limb Salvage Conference - Washington

**Preventive Cardiovascular Nurses Association**

[www.pcna.net](http://www.pcna.net)

Fall Lecture Series - October 1 - Cincinnati & Denver; October 15 - Rochester; October 22 - Philadelphia; October 29 - Akron, Asheville & Jacksonville; November 5 - Charlottesville, VA

## Many thanks to the ISHIB Corporate Partners

